

# PEPPERDINE

## SAND VOLLEYBALL



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2015 Pepperdine Waves



Coaching Staff: Jon Daze, Nina  
Mathies and Marcio Sicoli

P

#ROLLWAVES



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## QUICK FACTS

Location .....	Malibu, Calif. 90263
Founded .....	1937 (Malibu Campus 1972)
Enrollment .....	8,000 (3,000 undergraduate)
Nickname.....	Waves
Colors .....	Blue, Orange and White
Home Facility.....	Zuma Beach
President .....	Andrew K. Benton
Athletic Director .....	Dr. Steve Potts
Athletic Department phone .....	(310) 506-4150
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## 2015 SAND VOLLEYBALL

Head Coach.....	Nina Matthies (fifth season)
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e-mail.....	nina.matthies@pepperdine.edu
overall record.....	65-8 (four seasons)
Assistant Coach.....	Marcio Sicoli (fifth season)
phone .....	(310) 506-7298
e-mail.....	marcio.sicoli@pepperdine.edu

First Season .....	2012
All-Time Record.....	65-8 (four seasons)
AVCA Team Championship Appearances .....	4
last .....	2015 (semifinalists)
best finish .....	NATIONAL CHAMPS (2012, 2014)
AVCA Pairs Championship Qualifiers.....	8
last .....	2 pairs in 2015
best finish .....	NATIONAL CHAMPS
.....	Summer Ross & Caitlin Racich (2012)

## ATHLETIC COMMUNICATIONS

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Twitter.....	@PepperdineWaves & @WavesBeachVB
Instagram.....	PeppSandVolley & Pepperdine Waves



# PROGRAM HISTORY

In January 2010, the NCAA added beach volleyball to its list of Division I emerging sports for women with a start date of the 2011-12 school year. By August of 2011, Pepperdine was officially on board to compete during the inaugural season in 2012. Now with four seasons in the books, the Waves have emerged as a perennial power in the sport with two national team titles and four national championship appearances to their credit.

Veteran coach Nina Matthies, who was a member of the grassroots effort to turn beach volleyball into a collegiate sport, has been at the helm of the program since it began. Matthies, a beach legend in her own right with 43 professional titles during her playing days, is assisted by the highly praised Marcio Sicoli. Touted for his training methods, Sicoli coached Kerri Walsh Jennings and Misty May-Treanor to Olympic gold in 2012. He is currently working with Walsh Jennings and April Ross as the pair sets their sights on the 2016 Games in Rio de Janeiro.

Caitlin Racich, who came to Pepperdine as an outside hitter for the women's indoor volleyball team, decided in the fall of 2011 to focus solely on beach volleyball. She was awarded the beach program's first-ever scholarship. Summer Ross, another experienced and proven beach volleyball player, was added to the 2012 roster in January prior to the inaugural season. Ross won both the FIVB Youth World Championship and the FIVB Junior World Championship in the same season and was subsequently named the 2010 USA Volleyball Beach Female Athlete of the Year.

Matthies boosted her beach volleyball roster with talent from the indoor squad. Kim Hill, Lilla Frederick, Stevi Robinson, Kelley Larsen, Victoria Adelhelm, Kellie Woolever, Emily Cook, Michaela Christiaansen and Kelli Branning all saw playing time during the 2012 season, which ran from March to the end of April.

The Waves quickly established themselves as the team to beat, and barreled through the regular season undefeated at 11-0.

At the inaugural AVCA Collegiate Sand Volleyball National Championship, held in Gulf Shores, Ala., Pepperdine steamrolled through the team competition, shutting out the College of Charleston 5-0 before defeating Long Beach State in the semifinal. Pepperdine and Long Beach State squared off once again in the final, but the Waves proved to be too much and defeated the 49ers for the fifth time in 2012 to finish the season a perfect 14-0. The national title was Pepperdine's 21st overall, but the first ever captured by a women's team.

Hill, Frederick, Racich and Ross were named to the 10-player AVCA All-American team in a ceremony following the match.

Hill also earned AVCA All-American first team accolades during her senior indoor volleyball season, making her the first and only student-athlete to make the first team in both sports in a single year.

Racich and Ross took home national title No. 22 for Pepperdine the following day, winning the AVCA Collegiate Sand Volleyball Pairs Championship. The duo rallied back from an 11-14 deficit in the third set of the championship match against Tara Roenicke and Caitlin Ledoux to win 16-14.

In 2013, Pepperdine picked up right where they left off and went undefeated during the regular season for the second year in a row. After garnering the top seed at the AVCA National Championships, once again in Gulf Shores, Ala., the Waves reached the finals despite competing shorthanded. After topping USC and Florida State, Pepperdine's win streak came to an end with a 3-2 loss to Long Beach State in the title match.

Frederick, Hill and Racich all repeated as AVCA All-Americans, and were joined by fellow teammate Lara Dykstra on the 14-person roster. Matthies was voted the inaugural winner of the AVCA College Sand Coach of the Year award.

The Waves returned to Gulf Shores in 2014 in a new position: the #2 seed. Pepperdine topped #4-seeded Florida State in the quarterfinals before ousting top-seeded USC from the championship in the semifinals. The Waves and Seminoles met again in the finals and once again, Pepperdine emerged with the victory to claim its second national team title. Dykstra, Kelley Larsen, Becca Strehlow and Kellie Woolever rounded out the Waves' All-American picks.

Pepperdine reached the semifinals of the 2015 national championships, and Woolever and Larsen ended their four-year run with the Waves as All-Americans.



2014 AVCA Collegiate Sand Volleyball National Champions



# NINA MATTHIES

- Thirty-three season veteran coach at Pepperdine.
- 590-343 in 31 seasons as the Waves' indoor volleyball coach; 65-8 in four seasons with beach team.
- 2013 winner of the inaugural AVCA Collegiate Sand Coach of the Year award.
- Spearheaded a successful effort in the mid-80s to create the Women's Professional Volleyball Association. The WPVA laid the groundwork for the dramatically enhanced national visibility of the women's beach tour. She was inducted into the WPVA's Hall of Fame in 1995 and was honored as one of the "20 Legends of Beach Volleyball" in a ceremony at UCLA in 1997.
- In 139 career starts on the beach, won 43 titles and earned 93 podium finishes. She officially retired from competition following the 1992 summer campaign.
- Beach Volleyball Hall of Fame inductee with seven Manhattan Beach Open titles to her credit.
- Chair of the AVCA Sand Volleyball Head Coaches' Committee.
- Inducted into the Pepperdine Athletics Hall of Fame in October 2013.
- Ten-time winner of the West Coast Conference Coach of the Year award for her efforts in the indoor arena.
- Led the Waves' indoor squad to 11 West Coast Conference titles and 20 NCAA Tournament appearances.
- Tutored 10 different indoor volleyball student-athletes to AVCA and Volleyball Magazine All-American status a combined 15 times.
- Helped guide beach players Lara Dykstra, Lilla Frederick, Kim Hill, Kelley Larsen, Caitlin Racich, Summer Ross, Becca Strehlow and Kellie Woolever to AVCA All-American first team honors.





# MARCIO SICOLI



Marcio Sicoli, assistant coach for the beach volleyball team at Pepperdine since the program began, served as coach for beach volleyball legends Kerri Walsh Jennings and Misty May-Treanor during the 2012 Olympic Games in London.

Walsh Jennings and May-Treanor went a perfect 7-0 to claim an unprecedented third-straight gold medal.

The Waves have won two AVCA Collegiate Sand Volleyball National titles with Sicoli on the sidelines and have produced a nation-leading 14 All-Americans.

Sicoli continues to work with the best on the beach, and currently coaches Walsh Jennings and April Ross as the pair sets their sights on the 2016 Olympics in Brazil.

You can read about Sicoli's 2012 Olympic journey and see more pictures on his blog:



<http://gowav.es/marcioblog>



# YEAR-BY-YEAR RECORDS

YEAR	HEAD COACH	OVERALL		PCT.	H	A	N	POSTSEASON
2012	Nina Matthies	14	0	1.000	2-0	2-0	10-0	AVCA CHAMPS
2013	Nina Matthies	20	1	.952	5-0	3-0	12-1	AVCA Runner-Up
2014	Nina Matthies	18	1	.947	6-0	2-1	10-0	AVCA CHAMPS
2015	Nina Matthies	13	6	.684	3-1	2-2	8-3	AVCA Semifinals
4 SEASONS		65	8	.890	16-1	9-3	40-4	

# YEAR-BY-YEAR RESULTS

## 2012

Record: 14-0 (H: 2-0, A: 2-0, N: 10-0)

Head Coach: Nina Matthies

3/16 (1)	Pairs Pool Play	N	--	--
3/17 (1)	Team Competition	A	1st place, 18 pts	
3/18 (1)	Pairs Championship	N	--	--
3/21	Long Beach State	A	W	3-2
3/23 (2)	Alabama-Birmingham	N	W	5-0
3/23 (2)	North Florida	N	W	5-0
3/24 (2)	College of Charleston	A	W	5-0
3/25 (2)	Mercer	N	W	5-0
4/5	Long Beach State	H	W	3-2
4/7	USC	H	W	3-2
4/14 (3)	Loyola Marymount	N	W	5-0
4/14 (3)	Long Beach State	N	W	3-2
4/14 (3)	USC	N	W	4-1
4/14 (3)	Hawaii	N	W	5-0
4/15 (3)	Pairs Championship	N	--	--
4/27 (4)	Pairs Pool Play	N	--	--
4/28 (4)	College of Charleston	N	W	5-0
4/28 (4)	Long Beach State	N	W	3-0
4/29 (4)	Long Beach State	N	W	4-0
4/30 (4)	Pairs Championship	N	--	--

(1) USC Tournament (Santa Monica, Calif.)

(2) College of Charleston Sand Classic (Charleston, S.C.)

(3) USAV Collegiate Challenge (Hermosa Beach, Calif.)

(4) AVCA National Championship (Gulf Shores, Ala.)

## 2013

Record: 20-1 (H: 5-0, A: 3-0, N: 12-1)

Head Coach: Nina Matthies

3/9	Florida International	H	W	5-0
3/14 (1)	Florida State	N	W	3-2
3/14 (1)	Nebraska	N	W	5-0
3/15 (1)	Grand Canyon	N	W	5-0
3/15 (1)	Pairs Championship	N	--	--
3/21	Long Beach State	A	W	3-2
3/26	USC	A	W	4-1
3/29 (2)	Florida Atlantic	N	W	5-0
3/29 (2)	Florida International	A	W	5-0
3/30 (2)	Georgia State	N	W	5-0
3/30 (2)	Tulane	N	W	5-0
4/6	USC	H	W	5-0
4/6	Hawaii	H	W	5-0
4/6	Pairs Championship	H	--	--
4/10	Long Beach State	H	W	4-1
4/10	UCLA	H	W	5-0
4/20 (3)	Hawaii	N	W	5-0
4/20 (3)	UCLA	N	W	5-0
4/20 (3)	Santa Clara	N	W	5-0
4/20 (3)	Long Beach State	N	W	3-2
4/21 (3)	Pairs Championship	N	--	--
5/3 (4)	USC	N	W	4-1
5/4 (4)	Florida State	N	W	3-2
5/4 (4)	Long Beach State	N	L	2-3
5/5 (4)	Pairs Championship	N	--	--

(1) USAV Collegiate Challenge (Chula Vista, Calif.)

(2) FIU Surf & Turf (Miami/Fort Lauderdale, Fla.)

(3) USAV Collegiate Challenge (Hermosa Beach, Calif.)

(4) AVCA National Championship (Gulf Shores, Ala.)

## 2014

Record: 18-1 (H: 6-0, A: 2-1, N: 10-0)

Head Coach: Nina Matthies

3/8	Cal State Northridge	H	W	5-0
3/8	USC	H	W	5-0
3/14 (1)	CSU Bakersfield	N	W	5-0
3/15 (1)	Hawaii	N	W	5-0
3/15 (1)	Grand Canyon	N	W	5-0
3/16 (1)	Pairs Championship	N	--	--
3/18	Long Beach State	A	W	3-2
3/20	Loyola Marymount	H	W	4-1
3/25	USC	A	L	1-4
3/29 (2)	Georgia State	A	W	4-1
3/29 (2)	Louisiana-Monroe	N	W	5-0
3/30 (2)	Pairs Championship	N	--	--
4/3	Long Beach State	H	W	4-1
4/12 (3)	Arizona	N	W	5-0
4/12 (3)	CSU Bakersfield	N	W	5-0
4/12 (3)	Hawaii	N	W	5-0
4/13 (3)	Pairs Championship	N	--	--
4/19	Saint Mary's	H	W	5-0
4/19	Pacific	H	W	5-0
5/2 (4)	Florida State	N	W	4-1
5/3 (4)	USC	N	W	3-2
5/3 (4)	Florida State	N	W	3-2
5/4 (4)	Pairs Championship	N	--	--

(1) USAV Collegiate Challenge (Chula Vista, Calif.)

(2) Sand in the City (Atlanta, Ga.)

(3) USAV Collegiate Challenge (Hermosa Beach, Calif.)

(4) AVCA National Championship (Gulf Shores, Ala.)

## 2015

Record: 13-6 (H: 3-1, A: 2-2, N: 8-3)

Head Coach: Nina Matthies

3/6 (1)	Loyola Marymount	N	W	4-1
3/6 (1)	Hawaii	A	L	2-3
3/7 (1)	Pairs Championship	N	--	--
3/11	Florida State	H	W	4-1
3/11	TCU	H	W	5-0
3/14 (2)	CSU Bakersfield	N	W	5-0
3/14 (2)	Grand Canyon	N	W	5-0
3/15 (2)	Pairs Championship	N	--	--
3/19	Long Beach State	A	W	4-1
3/24	USC	A	L	2-3
3/28 (3)	Florida International	N	L	2-3
3/28 (3)	South Carolina	A	W	5-0
3/29 (3)	Pairs Championship	N	--	--
4/4	USC	H	L	2-3
4/8	Long Beach State	H	W	5-0
4/11 (4)	Concordia	N	W	5-0
4/11 (4)	San Francisco	N	W	5-0
4/12 (4)	Pairs Championship	N	--	--
5/1 (5)	Georgia State	N	W	5-0
5/1 (5)	USC	N	L	2-3
5/1 (5)	Hawaii	N	W	3-2
5/2 (5)	Florida International	N	W	4-1
5/2 (5)	Long Beach State	N	L	2-3
5/3 (5)	Pairs Championship	N	--	--

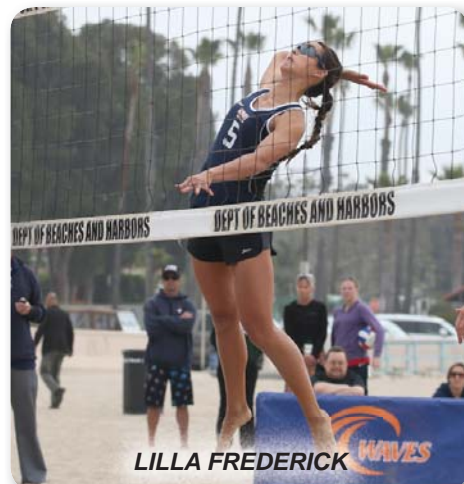
(1) Rainbow Wahine Invitational (Honolulu, Hawaii)

(2) USAV Collegiate Challenge (Chula Vista, Calif.)

(3) Palmetto Invitational (Columbia, S.C.)

(4) USAV Collegiate Challenge (Hermosa Beach, Calif.)

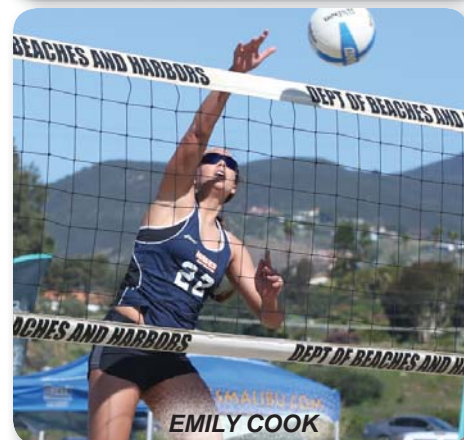
(5) AVCA National Championship (Gulf Shores, Ala.)



LILLA FREDERICK



BECCA STREHLOW



EMILY COOK



# AWARDS & HONORS



LARA DYKSTRA



LILLA FREDERICK



KIM HILL



KELLEY LARSEN



CAITLIN RACICH



SUMMER ROSS



BECCA STREHLOW



KELLIE WOOLEVER

## AVCA ALL-AMERICANS

- 2012 Lilla Frederick  
Kim Hill  
Caitlin Racich  
Summer Ross
- 2013 Lara Dykstra  
Lilla Frederick  
Kim Hill  
Caitlin Racich
- 2014 Lara Dykstra  
Kelley Larsen  
Becca Strehlow  
Kellie Woolever
- 2015 Kelley Larsen  
Kellie Woolever

## AVCA COACH OF THE YEAR

- 2013 Nina Matthies



2015 AVCA ALL-AMERICANS



2014 AVCA ALL-AMERICANS



2013 AVCA COACH OF THE YEAR - NINA MATTHIES



# AVCA TEAM CHAMPIONSHIP RESULTS

The Waves have been the team at the forefront of the sport of sand volleyball ever since it emerged in 2012. Pepperdine is just one of two schools who have earned a bid to the team tournament every season, along with Florida State. The Waves won the national title in 2012, marking Pepperdine's first-ever national championship by one of its women's teams. In 2013, the Waves reached the finals once again, but fell in the finals while competing shorthanded. Pepperdine returned to the top in 2014, taking down top-seeded USC and Florida State for their second national team championship trophy. The Waves boast a nation-leading 11-3 record at the AVCA National Championship.

Year	Date	Site	Round	Seed	Opponent	Result
2012	4/28	Gulf Shores, Ala.	QF	#1	#4 College of Charleston	W 5-0
		Gulf Shores, Ala.	SF		#3 Long Beach State	W 3-0
		Gulf Shores, Ala.	<b>FINALS</b>		#3 Long Beach State	W 4-0
2013	5/3 5/4	Gulf Shores, Ala.	QF	#1	#4 USC	W 4-1
		Gulf Shores, Ala.	SF		#3 Florida State	W 3-2
		Gulf Shores, Ala.	<b>FINALS</b>		#2 Long Beach State	L 2-3
2014	5/2 5/3	Gulf Shores, Ala.	QF	#2	#4 Florida State	W 4-1
		Gulf Shores, Ala.	SF		#1 USC	W 3-2
		Gulf Shores, Ala.	<b>FINALS</b>		#4 Florida State	W 3-2
2015	5/1	Gulf Shores, Ala.	Round of 16	#4	#5 Georgia State	W 5-0
	5/1	Gulf Shores, Ala.	QF		#1 USC	L 2-3
	5/1	Gulf Shores, Ala.	Back Draw QF		#2 Hawaii	W 3-2
	5/2	Gulf Shores, Ala.	Back Draw SF		#3 Florida International	W 4-1
	5/2	Gulf Shores, Ala.	SF/Back Draw Finals		#7 Long Beach State	L 2-3



2012 NATIONAL CHAMPIONS



2014 NATIONAL CHAMPIONS

# AVCA PAIRS CHAMPIONSHIP RESULTS

The Waves have sent five different pairs to the AVCA Collegiate Sand Volleyball National Pairs Championship a combined seven times since the inaugural event in 2012. All-Americans Caitlin Racich and Summer Ross won the first-ever pairs championship title in 2012. In 2014, both Lara Dykstra and Becca Strehlow, as well as Kelley Larsen and Kellie Woolever, reached the quarterfinals the day after winning the national team championship. Collectively, Pepperdine teams are 16-6 at the pairs championships.

Year	Date	Pepperdine Team (seed)	Round	Opponent (seed)	Team	W/L	Score
2012	4/27	Caitlin Racich/Summer Ross	Pool Play	Joanne Tate/Alessia Pizzocheri	Florida Atlantic	W	21-15, 21-15
		Caitlin Racich/Summer Ross		Kirsten Gallagher/Heather Thomas	UAB	W	21-8, 21-12
		Caitlin Racich/Summer Ross		Kirby Burnham/Kelly Irvin	USC	W	21-18, 21-17
		Lilla Frederick/Kim Hill		Kaley Melville/Julie Bassett	Stetson	W	21-15, 21-11
		Lilla Frederick/Kim Hill		Elyse Chubb/Lizzie Theesfeld	Col. of Charleston	W	21-11, 21-14
		Lilla Frederick/Kim Hill		Caitlin Ledoux/Tara Roenicke	Long Beach State	W	21-16, 21-16
	4/29	Lilla Frederick/Kim Hill (1)	Round of 16	Kirsten Gallagher/Heather Thomas (16)	UAB	W	21-121, 21-11
		Caitlin Racich/Summer Ross (2)		Elyse Chubb/Lizzie Theesfeld (15)	Col. of Charleston	W	21-9, 21-11
		Lilla Frederick/Kim Hill (1)	Quarterfinals	Haleigh Hampton/Chelsea Cabrajac (9)	Long Beach State	W	21-11, 21-16
		Caitlin Racich/Summer Ross (2)		Geena Urango/Sara Shaw (10)	USC	W	21-19, 21-8
		Caitlin Racich/Summer Ross (2)	Semifinals	Lilla Frederick/Kim Hill (1)	Pepperdine	W	21-9, 21-17
		Caitlin Racich/Summer Ross (2)	<b>FINALS</b>	Caitlin Ledoux/Tara Roenicke (5)	Long Beach State	W	14-21, 21-15, 16-14
2013	5/5	Lara Dykstra/Caitlin Racich (5)	Round of 16	Lane Carico/Katie Madewell (12)	Miami	L	21-15, 21-19
2014	5/4	Kelley Larsen/Kellie Woolever (1)	Round of 16	Jessica Gehrke/Marina Boulanger (16)	FIU	W	21-15, 21-17
		Lara Dykstra/Becca Strehlow (6)		Dagnija Medina/Kim Hildreth (11)	North Florida	W	21-19, 21-10
		Kelley Larsen/Kellie Woolever (1)	Quarterfinals	Betsi Metter/Litara Keil (9)	Loyola Marymount	L	21-18, 12-21, 15-13
		Lara Dykstra/Becca Strehlow (6)		Brittany Tiegs/Karissa Cook (3)	Hawaii	L	19-21, 21-15, 15-13
2015	5/2	Lara Dykstra/Becca Strehlow	Play-In Match	Mandi Orellana/Katie Lendelow	LSU	W	21-11, 18-19, retired
	5/3	Lara Dykstra/Becca Strehlow (16)	Round of 16	Kelly Claes/Sara Hughes (1)	USC	L	21-17, 21-14
		Kelley Larsen/Kellie Woolever (4)		Madison Witt/McKenna Witt (13)	Arizona	W	21-16, 21-10
		Kelley Larsen/Kellie Woolever (4)	Quarterfinals	Madi Kingdon/Kaitlyn Leary (12)	Arizona	L	21-17, 15-21, 15-4



Summer Ross and Caitlin Racich won the inaugural pairs championship in dramatic fashion, overcoming an 11-14 deficit in set three to win 16-14. Ross and Racich ended the season with a 35-3 record.



# 2012 AVCA NATIONAL CHAMPIONS



Back Row (L-R): Assistant Coach Marcio Sicoli, Samantha Cash, Summer Ross, Caitlin Racich, Kim Hill, Katie Messing, Victoria Adelhelm, Michele Boskovich, Lexi Weldon, Kelley Larsen, Volunteer Assistant David Haan. Front Row (L-R): Head Coach Nina Matthies, Justine Hunter, Lilla Frederick, Stevi Robinson, Michaela Christiaansen, Emily Cook, Kelli Branning, Kellie Woolever



# 2012 SEASON REVIEW

- Opened season with first place finish at USC Tournament with 18 points. Florida State placed second with 12 points while USC and Long Beach State both finished with 10 points.
- Caitlin Racich and Summer Ross place second in the pairs championship at the USC Tournament.
- Waves win first-ever dual with 3-2 win vs. LBSU.
- Pepperdine travels to Charleston, S.C. and defeats the College of Charleston, UAB, Mercer and Stetson all by scores of 5-0.
- Waves host first match of the season and defeat Long Beach State 3-2.
- Waves defeat USC at Zuma Beach, 4-1. Ross and Racich win pairs championship following the team competition.
- Pepperdine cruises through the USAV Collegiate Challenge in Hermosa Beach with four team wins. Racich and Ross win the individual championship by defeating teammates Lilla Frederick and Kim Hill in the all-Pepperdine final.
- Waves dominate team event at AVCA Collegiate Sand Volleyball National Championship, defeating College of Charleston and Long Beach State twice.
- Racich and Ross drop just a single set en route to the national pairs title.



## 2012 PEPPERDINE SAND VOLLEYBALL SEASON STATISTICS

Pair	Overall		Pairs		Dual		No. 1		No. 2		No. 3		No. 4		No. 5	
	W	L	W	L	W	L	W	L	W	L	W	L	W	L	W	L
C. Racich/S. Ross	35	3	20	1	15	2	14	2	1	0						
L. Frederick/K. Hill	25	9	11	5	14	4	0	1	14	3						
V. Adelhelm/K. Woolever	21	5	6	4	15	1					3	1	11	0	1	0
K. Larsen/S. Robinson	19	6	4	5	15	1					11	1	4	0		
M. Christiaansen/E. Cook	17	4	7	2	10	2							1	0	9	2
K. Branning/E. Cook	4	2	1	1	3	1									3	1
TOTALS	121	29	49	18	72	11										
	0.807		0.731		0.867											



# 2012 AVCA COLLEGIATE SAND VOLLEYBALL NATIONAL TEAM CHAMPIONS

## CHAMPIONSHIP RESULTS

### Quarterfinals

#### Pepperdine 5, College of Charleston 0

1. Racich/Ross def. Chubb/Theesfeld 21-16, 21-12
2. Frederick/Hill def. Shelton/Kolich 21-12, 21-12
3. Larsen/Robinson def. Zbojnowicz/Koehler 21-17, 21-23, 15-10
4. Woolever/Adelhelm def. Neideffer/White 21-9, 21-17
5. Christiaansen/Cook def. Warren/McKown 21-11, 21-17

### Semifinals

#### Pepperdine 3, Long Beach State 0

1. Racich/Ross def. Ledoux/Roenicke 21-14, 21-12
2. Frederick/Hill def. Hampton/Cabrajac 21-7, 21-13
3. Larsen/Robinson def. Aigner-Swesey/Fontanilla 21-19, 21-10
4. Neely/Minkel vs. Woolever/Adelhelm 13-21, 23-21, 8-6, dnf.
5. Johnson/Jackson vs. Christiaansen/Cook 19-21, 18-19, dnf.

### Championship

#### Pepperdine 4, Long Beach State 0

1. Racich/Ross def. Ledoux/Roenicke 21-15, 21-11
2. Frederick/Hill def. Hampton/Cabrajac 21-14, 21-18
3. Larsen/Robinson vs. Aigner-Swesey/Fontanilla 21-16, 17-18, dnf.
4. Woolever/Adelhelm def. Neely/Minkel 21-16, 21-8
5. Christiaansen/Cook def. Johnson/Jackson 21-16, 22-20



# 2014 AVCA NATIONAL CHAMPIONS



Back Row (L-R): Assistant Coach Marcio Sicoli, Delaney Knudsen, Kendahl Hettick, Brooke Honeycutt, Victoria Adelhelm, Katie Messing, Caitlin Racich, Gaby Palmeri, Head Coach Nina Matthies, Volunteer Assistant Jon Daze. Middle Row (L-R): Sophie Asprey, Lara Dykstra, Reegan Dennis, Becca Strehlow, Taylor Racich, Leanna Schroeder. Front Row (L-R): Emma Fuzie, Kellie Woolever, Emily Cook, Kelley Larsen, Samantha Cash, Jillian Bergeson.



# 2014 SEASON REVIEW

- Opened season at home with 5-0 victories over both USC and Cal State Northridge.
- Waves win team portion of USAV Collegiate Challenge in Chula Vista. Kelley Larsen and Kellie Woolever win pairs title.
- Waves win Sand in the City Tournament in Atlanta. Larsen and Woolever win Gold Bracket pairs title. Katie Missing and Emily Cook place first in Silver Bracket.
- Pepperdine posts three shut-out wins at USAV Collegiate Challenge in Hermosa Beach. Victoria Adelhelm and Sophie Asprey win Bronze Bracket pairs championship, Samantha Cash and Taylor Racich win the Copper Bracket.
- Waves one of six teams picked to compete at the AVCA Collegiate Sand Volleyball National Championship, receive #2 seed.
- Pepperdine defeats #4-seeded Florida State in quarterfinals, edges top-seeded USC in the semifinals to reach the third-straight final.
- Waves face FSU again in finals and win 3-2 for their second national title.
- Larsen/Woolever and Becca Strehlow/Lara Dykstra reach quarterfinals of the pairs championship, earn AVCA All-American honors.

## 2014 PEPPERDINE SAND VOLLEYBALL SEASON STATISTICS

Pair	Overall		Pairs		Dual		No. 1		No. 2		No. 3		No. 4		No. 5	
	W	L	W	L	W	L	W	L	W	L	W	L	W	L	W	L
K. Larsen/K. Woolever	23	4	11	2	12	2	9	2	3	0						
L. Dykstra/B. Strehlow	23	7	7	4	16	3	7	1	9	2						
D. Knudsen/C. Racich	11	6	2	2	9	4					9	4				
E. Cook/K. Messing	20	3	6	1	14	2							14	2		
V. Adelhelm/S. Asprey	17	2	5	1	12	1									12	1
C. Racich/T. Racich	7	2	2	1	5	1			1	0	4	1				
D. Knudsen/K. Larsen	5	0	0	0	5	0			4	0	1	0				
S. Cash/E. Cook	3	2	1	2	2	0							2	0		
D. Knudsen/K. Messing	3	1	2	1	1	0							1	0		
S. Cash/T. Racich	5	3	4	2	1	1									1	1
S. Asprey/K. Messing	2	0	0	0	2	0									2	0
S. Asprey/S. Cash	1	0	0	0	1	0									1	0
S. Asprey/T. Racich	3	1	3	1	0	0										
<b>TOTALS</b>	<b>123</b>	<b>31</b>	<b>43</b>	<b>17</b>	<b>80</b>	<b>14</b>										
	0.799		0.717		0.851											



# 2014 AVCA NATIONAL CHAMPIONSHIP



## CHAMPIONSHIP RESULTS

### Quarterfinals

#### Pepperdine 4, Florida State 1

1. Larsen/Woolever def. Pardon/Davis 21-19, 21-19
2. Dykstra/Strehlow def. S. Pellitteri/K. Pellitteri 26-28, 21-19, 15-9
3. Wickstrom/Yildirim def. Knudsen/C. Racich 21-17, 21-19
4. Cook/Messing def. Pavels/Brown 22-20, 21-12
5. Asprey/Adelhelm def. Sanchez/Luke 21-18, 21-14

### Semifinals

#### Pepperdine 3, USC 2

1. Burnham/Hughes def. Larsen/Woolever 19-21, 22-20, 18-16
2. Dykstra/Strehlow def. Strange/Claes 21-18, 23-21
3. Knudsen/C. Racich def. Hirschmann/Siljkovic 21-18, 21-16
4. Cook/Messing def. Ettinger/Russ 21-18, 21-17
5. Martin/Wheeler def. Asprey/Adelhelm 21-16, 21-16

### Championship

#### Pepperdine 3, Florida State 2

1. Larsen/Woolever def. Pardon/Davis 21-19, 11-21, 15-13
2. Dykstra/Strehlow def. S. Pellitteri/K. Pellitteri 24-22, 21-17
3. Wickstrom/Yildirim def. Knudsen/C. Racich 21-19, 21-15
4. Pavels/Brown def. Cook/Messing 21-14, 24-22
5. Asprey/Adelhelm def. Sanchez/Luke 21-19, 23-21



# 2012 AVCA NATIONAL PAIRS CHAMPIONS SUMMER ROSS & CAITLIN RACICH



## PAIRS CHAMPIONSHIP RESULTS

Racich/Ross (PEP) def. Chubb/Theesfeld (CoC) 21-9, 21-11  
Racich/Ross (PEP) def. Urango/Shaw (USC) 21-19, 21-8  
Racich/Ross (PEP) def. Frederick/Hill (PEP) 21-9, 21-17  
Racich/Ross (PEP) def. Ledoux/Roenicke (LBSU) 14-21, 21-15, 16-14

Summer Ross and Caitlin Racich won the inaugural AVCA Collegiate Sand Volleyball National Pairs Championship title on April 29, 2012. The duo earned the #2 seed in the 16-team bracket after going 3-0 in pool play. Ross and Racich cruised to the finals, winning three matches in straight sets. In the finals, Ross and Racich squared off with a familiar foe in Caitlin Ledoux and Tara Roenicke of Long Beach State.

After splitting sets, Ross and Racich found themselves down 11-14 in the deciding third set, but fought off three match points to keep their championship hopes alive. With momentum on their side, the Waves scored two more unanswered points to clinch the match 16-14.

The duo finished with a 4-2 record vs. Ledoux and Roenicke in 2012 and 35-3 overall.



# ALL-TIME ROSTER

## #1

Caitlin Racich.....2012, 13, 14  
Corinne Quiggle.....2015

## #2

Kellie Woolever.....2012, 13, 14, 15

## #3

Katie Messing.....2012\*  
Lauren Sieckmann.....2013  
Delaney Knudsen.....2014, 15

## #4

Victoria Adelhelm.....2012, 13, 14  
Chanel Brown.....2015

## #5

Lilla Frederick.....2012, 13  
Becca Strehlow.....2014, 15

## #10

Stevi Robinson.....2012  
Lara Dykstra.....2013, 14, 15

## #11

Kelley Larsen.....2012, 13, 14, 15

## #12

Michaela Christiaansen.....2012  
Natalie Riddering.....2013  
Sophie Asprey.....2014, 15

## #13

Kim Hill.....2012, 13  
Leanna Schroeder.....2014, 15

## #14

Justine Hunter.....2012  
Jazmine Orozco.....2013  
Kendahl Hettick.....2014  
Jillian Bergeson.....2015\*

## #15

Kelli Branning.....2012  
Taylor Racich.....2013, 14, 15

## #20

Summer Ross.....2012  
Katie Messing.....2013, 14, 15\*

## #21

Samantha Cash.....2012, 14, 15

## #22

Emily Cook.....2012, 13, 14, 15

## #23

Lexi Weldon.....2012  
Jillian Bergeson.....2014\*

## #24

Michele Boskovich.....2012

## #25

Celia Smith.....2015

\*Wore multiple numbers during Pepperdine career

Adelhelm, Victoria.....2012, 13, 14.....Rancho Santa Fe, Calif.  
Asprey, Sophie.....2014, 15.....Southlake, Texas

Bergeson, Jillian.....2014, 15.....Friendswood, Texas  
Boskovich, Michele.....2012.....Westlake Village, Calif.  
Branning, Kelli.....2012.....Menlo Park, Calif.  
Brown, Chanel.....2015.....Tempe, Ariz.

Cash, Samantha.....2012, 14, 15.....San Diego, Calif.  
Christiaansen, Michaela.....2012.....Tucson, Ariz.  
Cook, Emily.....2012, 13, 14, 15.....Huntington Beach, Calif.

Dykstra, Lara.....2013, 14, 15.....Redondo Beach, Calif.

Frederick, Lilla.....2012, 13.....Huntington Beach, Calif.

Hettick, Kendahl.....2014.....Encinitas, Calif.  
Hill, Kim.....2012, 13.....Portland, Ore.  
Hunter, Justine.....2012.....Hollister, Calif.

Knudsen, Delaney.....2014, 15.....Valencia, Calif.

Larsen, Kelley.....2012, 13, 14, 15.....Jamul, Calif.

Messing, Katie.....2012, 13, 14, 15.....The Woodlands, Texas

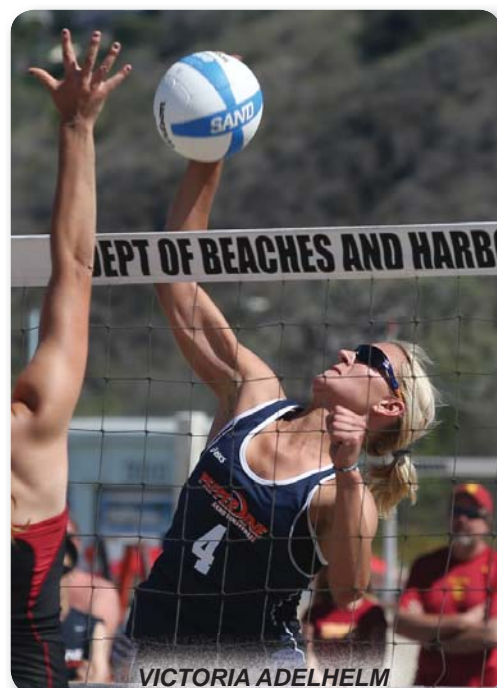
Orozco, Jazmine.....2013.....Lakewood, Calif.

Quiggle, Corinne.....2015.....Ponte Vedra Beach, Fla.

Racich, Caitlin.....2012, 13, 14.....Santa Barbara, Calif.  
Racich, Taylor.....2013, 14, 15.....Santa Barbara, Calif.  
Riddering, Natalie.....2013.....Sacramento, Calif.  
Robinson, Stevi.....2012.....Hermosa Beach, Calif.  
Ross, Summer.....2012.....Carlsbad, Calif.

Schroeder, Leanna.....2014, 15.....Westlake Village, Calif.  
Sieckmann, Lauren.....2013.....Omaha, Neb.  
Smith, Celia.....2015.....Avon, Colo.  
Strehlow, Becca.....2014, 15.....Long Beach, Calif.

Weldon, Lexi.....2012.....Tallahassee, Fla.  
Woolever, Kellie.....2012, 13, 14, 15.....Long Beach, Calif.





# RECORDS VS. OPPONENTS

ALABAMA-BIRMINGHAM  
Overall: 1-0  
2012 N W 5-0

ARIZONA  
Overall: 1-0  
2014 N W 5-0

CAL STATE NORTHRIDGE  
Overall: 1-0  
2014 H W 5-0

COLLEGE OF CHARLESTON  
Overall: 2-0  
2012 A W 5-0  
N W 5-0

CONCORDIA  
Overall: 1-0  
2015 N W 5-0

CSU BAKERFIELD  
Overall: 3-0  
2014 N W 5-0  
N W 5-0  
2015 N W 5-0

FLORIDA ATLANTIC  
Overall: 1-0  
2013 H W 5-0

FLORIDA INTERNATIONAL  
Overall: 3-1  
2013 H W 5-0  
A W 5-0  
2015 N L 2-3  
N W 4-1

FLORIDA STATE  
Overall: 5-0  
2013 N W 3-2  
N W 3-2  
2014 N W 4-1  
N W 3-2  
2015 H W 4-1

GEORGIA STATE  
Overall: 3-0  
2013 N W 5-0  
2014 A W 4-1  
2015 N W 5-0

GRAND CANYON  
Overall: 3-0  
2013 N W 5-0  
2014 N W 5-0  
2015 N W 5-0

HAWAII  
Overall: 6-1  
2012 N W 5-0  
2013 H W 5-0  
N W 5-0  
2014 N W 5-0  
N W 5-0  
2015 A L 2-3  
N W 3-2

LONG BEACH STATE  
Overall: 12-2  
Home: 4-0  
Away: 4-0  
Neutral: 4-2  
2012 A W 3-2  
H W 3-2  
N W 4-1  
N W 3-0  
N W 4-0  
2013 A W 3-2  
H W 4-1  
N W 3-2  
N L 2-3  
2014 A W 3-2  
H W 4-1  
2015 A W 4-1  
H W 5-0  
N L 2-3

LOUISIANA-MONROE  
Overall: 1-0  
2014 H W 5-0

LOYOLA MARYMOUNT  
Overall: 3-0  
2012 N W 5-0  
2014 H W 4-1  
2015 N W 4-14

MERCER  
Overall: 1-0  
2012 N W 5-0

NEBRASKA  
Overall: 1-0  
2013 N W 5-0

NORTH FLORIDA  
Overall: 1-0  
2012 N W 5-0

PACIFIC  
Overall: 1-0  
2014 H W 5-0

SAINT MARY'S  
Overall: 1-0  
2014 H W 5-0

SAN FRANCISCO  
Overall: 1-0  
2015 N W 5-0

SANTA CLARA  
Overall: 1-0  
2013 N W 5-0

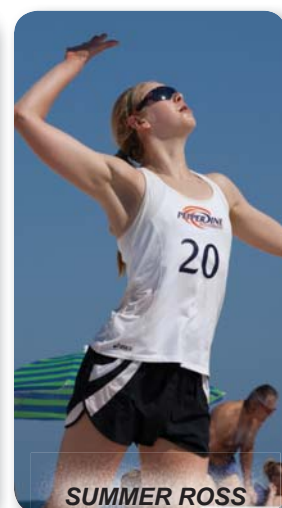
SOUTH CAROLINA  
Overall: 1-0  
2015 A W 5-0

TCU  
Overall: 1-0  
2015 H W 5-0

TULANE  
Overall: 1-0  
2013 N W 5-0

UCLA  
Overall: 2-0  
2013 H W 5-0  
N W 5-0

USC  
Overall: 7-4  
Home: 3-1  
Away: 1-2  
Neutral: 3-1  
2012 H W 3-2  
N W 4-1  
2013 A W 4-1  
H W 5-0  
N W 4-1  
2014 H W 5-0  
A L 1-4  
N W 3-2  
2015 A L 2-3  
H L 2-3  
N L 2-3





# INDIVIDUAL RECORDS

## SEASON RECORDS

### SINGLE-SEASON PAIR WINS - OVERALL

1.	Caitlin Racich/Summer Ross (2012)	35
2.	Lilla Frederick/Kim Hill (2013)	27
	Kelley Larsen/Kellie Woolever (2013)	27
4.	Kelley Larsen/Kellie Woolever (2015)	26
5.	Lilla Frederick/Kim Hill (2012)	25
6.	Lara Dykstra/Caitlin Racich (2013)	24
	Lara Dykstra/Becca Strehlow (2015)	24
8.	Kelley Larsen/Kellie Woolever (2014)	23
	Lara Dykstra/Becca Strehlow (2014)	23
10.	Emily Cook/Delaney Knudsen (2015)	21
	Victoria Adelhelm/Kellie Woolever (2012)	21

### SINGLE-SEASON PAIR

#### WINNING PERCENTAGE - OVERALL

(must have played in at least half of season's events)

1.	Lilla Frederick/Kim Hill (2013; 27-0)	1.000
2.	Kelley Larsen/Kellie Woolever (2013; 27-1)	.964
3.	Caitlin Racich/Summer Ross (2012; 35-3)	.921
4.	Victoria Adelhelm/Sophie Asprey (2014; 17-2)	.895
5.	Emily Cook/Katie Messing (2014; 20-3)	.870
6.	Kelley Larsen/Kellie Woolever (2014; 23-4)	.852
7.	Victoria Adelhelm/Taylor Racich (2013; 16-3)	.842
8.	Emily Cook/Delaney Knudsen (2015; 21-4)	.840
9.	Lara Dykstra/Caitlin Racich (2013; 24-5)	.828
10.	Michaela Christiaansen/Emily Cook (2012; 17-4)	.810

### SINGLE-SEASON PAIR WINS - DUAL ONLY

1.	Kelley Larsen/Kellie Woolever (2013)	20
2.	Lara Dykstra/Caitlin Racich (2013)	19
3.	Lilla Frederick/Kim Hill (2013)	18
4.	Emily Cook/Delaney Knudsen (2015)	16
	Lara Dykstra/Becca Strehlow (2014)	16
6.	Caitlin Racich/Summer Ross (2012)	15
	Victoria Adelhelm/Kellie Woolever (2012)	15
	Kelley Larsen/Stevi Robinson (2012)	15
9.	Lara Dykstra/Becca Strehlow (2015)	14
	Emily Cook/Katie Messing (2014)	14
	Victoria Adelhelm/Taylor Racich (2013)	14
	Lilla Frederick/Kim Hill (2012)	14

### SINGLE-SEASON PAIR

#### WINNING PERCENTAGE - DUAL ONLY

(must have played in at least half of season's duals)

1.	Kelley Larsen/Kellie Woolever (2013; 20-0)	1.000
	Lilla Frederick/Kim Hill (2013; 18-0)	1.000
3.	Lara Dykstra/Caitlin Racich (2013; 19-1)	.950
4.	Emily Cook/Delaney Knudsen (2015; 16-1)	.941
5.	Victoria Adelhelm/Kellie Woolever (2012; 15-1)	.938
	Kelley Larsen/Stevi Robinson (2012; 15-1)	.938
7.	Victoria Adelhelm/Sophie Asprey (2014; 12-1)	.923
8.	Caitlin Racich/Summer Ross (2012; 15-2)	.882
9.	Victoria Adelhelm/Taylor Racich (2013; 14-2)	.875
	Emily Cook/Katie Messing (2014; 14-2)	.875

### SINGLE-SEASON INDIVIDUAL WINS

(combined win total across different partners)

1.	Caitlin Racich (2012)	35
	Summer Ross (2012)	35
3.	Becca Strehlow (2015)	29
4.	Kelley Larsen (2014)	28
	Kelley Larsen (2013)	28
	Kellie Woolever (2013)	28
7.	Lara Dykstra (2015)	27
	Kim Hill (2013)	27
	Lilla Frederick (2013)	27
10.	Emily Cook (2015)	26
	Kelley Larsen (2015)	26
	Kellie Woolever (2015)	26

## CAREER RECORDS

### CAREER PAIR WINS - OVERALL

1.	Kelley Larsen/Kellie Woolever (2013-15)	76
2.	Lilla Frederick/Kim Hill (2012-13)	52
3.	Lara Dykstra/Becca Strehlow (2014-15)	47
4.	Caitlin Racich/Summer Ross (2012)	35
	Emily Cook/Katie Messing (2013-14)	35
6.	Lara Dykstra/Caitlin Racich (2013)	24

### CAREER PAIR WINNING PERCENTAGE - OVERALL

(minimum two seasons and 20 matches played)

1.	Lilla Frederick/Kim Hill (2012-13; 52-9)	.852
2.	Kelley Larsen/Kellie Woolever (2013-15; 76-14)	.844
3.	Emily Cook/Katie Messing (2013-14; 35-7)	.833
4.	Lara Dykstra/Becca Strehlow (2014-15; 47-13)	.783
5.	Sophie Asprey/Taylor Racich (2014-15; 15-9)	.625

### CAREER WINS - INDIVIDUAL

(combined win total across different seasons and partners)

1.	Kelley Larsen (2012-15)	101
2.	Kellie Woolever (2012-15)	98
3.	Emily Cook (2012-15)	90
4.	Caitlin Racich (2012-14)	77
5.	Lara Dykstra (2013-15)	75
6.	Katie Messing (2013-15)	63
7.	Victoria Adelhelm (2012-14)	59
8.	Taylor Racich (2013-15)	53
9.	Lilla Frederick (2012-13)	52
	Kim Hill (2012-13)	52
	Becca Strehlow (2014-15)	52
12.	Delaney Knudsen (2014-15)	43
13.	Sophie Asprey (2014-15)	40
14.	Summer Ross (2012)	35
15.	Samantha Cash (2014-15)	24
	Corinne Quiggle (2015)	24

### CAREER WINNING PERCENTAGE - INDIVIDUAL OVERALL

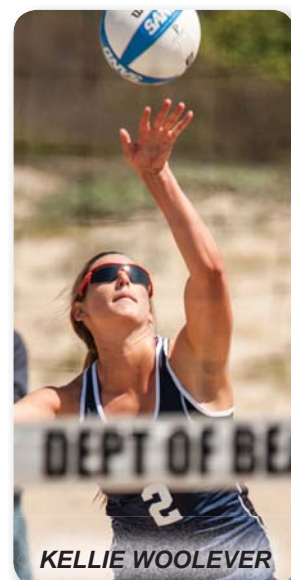
(combined winning percentage total across different seasons and partners)

1.	Summer Ross (2012; 35-3)	.921
2.	Kim Hill (2012-13; 52-9)	.853
3.	Lilla Frederick (2012-13; 52-10)	.839
4.	Kellie Woolever (2012-15; 98-19)	.838
5.	Kelley Larsen (2012-15; 101-20)	.835
6.	Caitlin Racich (2012-14; 77-16)	.828
7.	Victoria Adelhelm (2012-14; 59-13)	.819
8.	Emily Cook (2012-15; 90-23)	.796
9.	Lara Dykstra (2013-15; 75-20)	.789
10.	Becca Strehlow (2014-15; 52-14)	.788

### CAREER WINNING PERCENTAGE - INDIVIDUAL DUAL ONLY

(dual match winning percentage total across different seasons and partners; minimum two seasons, 20 matches)

1.	Kim Hill (2012-13; 32-4)	.889
2.	Victoria Adelhelm (2012-14; 44-6)	.880
3.	Kelley Larsen (2012-15; 65-10)	.867
4.	Lilla Frederick (2012-13; 32-5)	.865
5.	Lara Dykstra (2013-15; 51-8)	.864
6.	Kellie Woolever (2012-15; 60-10)	.857
	Caitlin Racich (2012-14; 48-8)	.857
8.	Becca Strehlow (2014-15; 32-6)	.842
	Delaney Knudsen (2014-15; 32-6)	.842
10.	Emily Cook (2012-15; 62-12)	.838





# ZUMA BEACH



## YEAR-BY-YEAR RECORDS AT ZUMA BEACH

YEAR	TEAM		INDIVIDUAL	
	W-L	PCT.	W-L	PCT.
2012	2-0	1.000	13-7	.650
2013	5-0	1.000	30-2	.938
2014	6-0	1.000	28-2	.933
2015	3-1	.750	16-4	.800
TOTAL	16-1	.941	87-15	.853

The Waves call Zuma Beach “home,” practicing and hosting all home events at one of Malibu’s most picturesque locations. Courts are located just east of Point Dume, or near the 29800 block of the Pacific Coast Highway, just seven miles from campus.

Pepperdine hosted its very first event on April 5, 2012, when it welcomed local rival Long Beach State. The Waves came through with a 3-2 win. Two days later, April 7, Pepperdine faced USC on the Zuma sand. After winning the team dual 4-1, Caitlin Racich and Summer Ross won the single-elimination pairs tournament.

In 2013, Pepperdine continued its dominance at home winning all five dual contests -- including four 5-0 shutouts. Even more impressive, the Waves dropped just two of the 32 individual matches contested at Zuma in 2013.

Pepperdine posted nearly identical numbers in 2014, going 6-for-6 in duals, including four shutouts. The Waves sole loss came in 2015, when the team suffered a narrow 3-2 loss to eventual national champion USC.

Pepperdine is 16-1 in duals in four seasons at Zuma Beach, and boasts an individual match record of 87-15 (.853).

